

Choose a rug. Unroll it and place it on the floor.

Choose an item/symbol from the basket, and place it on the rug.

Place a candle on the rug, and ask a leader to light it for you.

Sit and make your body silent. Breathe slowly; rest.

Listen to God.

Look at the pictures.

Read an article.

**You and God think together about what
is happening.**

**Does this lead you to prayer, journaling,
action?**

Rake the sand and arrange the stones.

Be silent.

Listen.

Create an art prayer using any of the materials you find here.

Read the material provided.

Write your thoughts on the journal page.

Choose a book that interests you.

Read it and reflect.

**If you are reading with someone else,
use a quiet voice.**

Code of Values

We seek to be attentive to God's presence.

We seek peace and quiet so all can listen and work.

We learn about each other and seek to become friends.

We respect one another's differences.

We treat one another as we want to be treated.

We respect one another's space.

We may disagree sometimes, and that is okay.

We use our materials as they are meant to be used.

**Choose a fruit that may be developing in you
to place on your rug.**

Ask a leader to light your candle.

Together with God, think about that fruit.

Listen to God.

Spend a few minutes looking at this poster.

Choose a fruit shape.

Write how you will share the fruit growing in you with your family, friends, or the world.

Place your fruit on the tree.

Spend time in prayer.

**Choose the rock for the fruit of the Spirit
that you want to grow in you.**

Place it in the sand.

**As you rake the sand around the rock, talk
with God about this fruit growing in you.**

Choose one of the pages provided.

As you work on your art, think about the fruit of the Spirit that is ripening in you.

- 1. Write the fruit of the Spirit on the branches of the tree. Decorate the tree as you wish.**
- 2. Use colored pencils to color the page with the fruit of the Spirit written in bubble letters.**

[WOC Leader: No journal page will be in the station during this session, since a journal page will be completed in Regathering.]

Prepare your rug and ask a leader to light your candle.

Think about this:

How does staying close to Jesus help the fruit of the Spirit to grow in you?

[WOC Leader: Use the poster from last week.]

**Place the rocks of the fruits growing in you
in the sand along with the big rock.**

**As you rake the sand, think about how you
can stay close to Jesus to help the fruits
of the Spirit grow in you.**

[WOC Leader: Use sign from last week.]

Complete the journal page.

Prepare your rug and ask a leader to light your candle.

Sit quietly, gazing at the vase and the scripture verse.

Think about yourself and God.

If you wish to write a prayer, use the journal page.

Look at the pictures and complete the journal page.

As you rake the sand, repeat these words:

**“Just like the clay in the potter’s
hand, so are you in my hand.”**

Trace the drawing of the potter.

Copy this scripture verse on your drawing:

**[God says] “Just like the clay in the potter’s hand, so are you in my hand”
(Jeremiah 18:6).**

Think of yourself and God.

Complete the journal page.

Gazing

World

Sand

Journaling

Art

Reading

SHOES

Complete a journal page.