

Choose a rug. Unroll it and place it on the floor.

Choose an item/symbol from the basket, and place it on the rug.

Place a candle on the rug, and ask a leader to light it for you.

Sit and make your body silent. Breathe slowly; rest.

Listen to God.

Look at the pictures.

Read an article.

**You and God think together about what
is happening.**

**Does this lead you to prayer, journaling,
action?**

Rake the sand and arrange the stones.

Be silent.

Listen.

Create an art prayer using any of the materials you find here.

Read the material provided.

Write your thoughts on the journal page.

Choose a book that interests you.

Read it and reflect.

**If you are reading with someone else,
use a quiet voice.**

Code of Values

We seek to be attentive to God's presence.

We seek peace and quiet so all can listen and work.

We learn about each other and seek to become friends.

We respect one another's differences.

We treat one another as we want to be treated.

We respect one another's space.

We may disagree sometimes, and that is okay.

We use our materials as they are meant to be used.

Take a rug from the basket. Place it in front of the table.

Kneel or sit in front of the wreath.

Think about HOPE in your life.

Pray.

After you look at the pictures, complete the journal page.

Place the angel in the sand.

**As you rake the sand around the angel,
listen for God's message to you.**

Stitch an angel or draw a picture of the story.

Sit in prayer and complete the journal page.

Read, ponder, and pray.

Take a rug from the basket. Place it in front of the table.

Kneel or sit in front of the wreath.

Think about PEACE in your life.

Pray.

Take a rug from the basket. Place it in front of the table.

Kneel or sit in front of the wreath.

Think about JOY in your life.

Pray.

Write a word, paste a picture, or draw a picture on this poster to show how you can reflect God's glory.

Place a manger in the sand.

**As you rake, imagine yourself kneeling before
the manger as the shepherds did.**

What is your prayer to Jesus?

Draw a picture of glory.

Use the journal page for reflection.

Take a rug from the basket. Place it in front of the table.

Kneel or sit in front of the wreath.

Think about LOVE in your life.

Pray.

**Hold the doll and follow instructions
on the journal page.**

**[WOC Leader: Reflection stations are closed
for Session 5, so no signs are needed.]**

Gazing

World

Sand

Journaling

Art

Reading

SHOES

Complete a journal page.