



The Fruit of the Spirit

Love ~ Joy ~ Peace

Patience ~ Kindness ~ Generosity

Faithfulness ~ Gentleness ~ Self-control

Choose one fruit of the Spirit that is important to you, and write it in this space.

Spend one minute sitting quietly and repeating that word over and over (centering).

Write a letter to God about why this fruit is important to you.

1. Tell God why you want that fruit to grow in you.
2. Tell God how the Holy Spirit may help you.
3. In what ways will you show those around you that this fruit is growing in you?

What keeps you from “staying on the vine”?

Think of things that make it hard for you to stay connected to Jesus.
Write them in this space.

Share your thoughts with God and ask God to help you.
You may wish to write your prayer here.



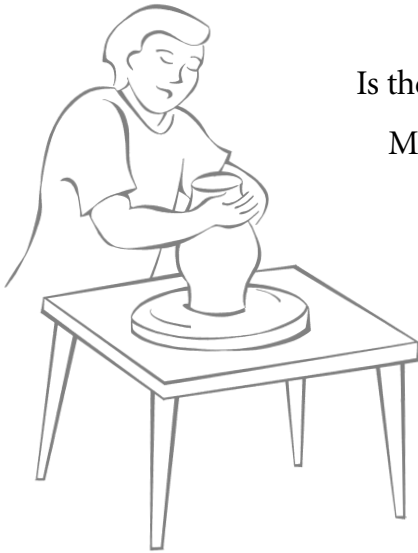


How do you long for God to reshape our world?

(no more wars? people getting along? no one without food? clean water and air?)

How can you help God in this reshaping?

Write a prayer asking God to reshape the part of our world where you see things are wrong.



Is there something in your life that you feel needs reshaping?

Maybe it's a relationship with a friend or a brother or sister or a parent.

Or maybe someone you love is sick and needs healing.

Write a letter to God about what you want to be reshaped.



Prayer for the World

God, this is your world,

You made us, you love us;

Teach us how to live in the world that you have made.



Prayer for Forgiveness

Our Father in heaven:

Please forgive me for the wrongs I have done:

for being greedy and wanting the best for myself;

for making other people unhappy:

Forgive me, heavenly Father.



Prayer for Forgiveness

*Lord Jesus, we remember how you forgave the people
who hurt you.*

Help us to forgive those who hurt us.

May we never try to pay them back.



Prayer for Ordinary Days

*Lord, through this day,
in work and play,
please bless each thing I do.
May I be honest, loving, kind,
obedient unto you.*



Day by Day

*Day by day, dear Lord, of thee
three things I pray:*

*to see thee more clearly,
love thee more dearly,
follow thee more nearly,
day by day.*

—Richard of Chichester, 1197–1253



Prayer for When You're Feeling Down

*Lord Jesus, you know that I am sad today.
Help me to cheer up, because you love me always
And are close to me all the time.*



Prayer of Thanks

*When I wake up in the morning,
Thank you, God, for being there.
When I come to school each day,
Thank you, God, for being there.
When I am playing with my friends,
Thank you, God, for being there.
And when I go to bed at night,
Thank you, God, for being there.*



Prayer of Thanks

*Thank you for each happy day,
for fun, for friends,
and work and play;
Thank you for your loving care,
here at home and everywhere.*



Prayer for Times of Fear

*Lord Jesus, I'm scared. Help me.
I needn't be afraid, because you are with me.
You are stronger than anything. You love me.
You will take care of me. Thank you.*



Prayer for Opening Oneself

*O Lord, open my eyes
to see what is beautiful;
my mind, to know what is true;
my heart, to love what is good;
for Jesus' sake.*



Reminder Prayer

*When I pray I speak to God,
When I listen God speaks to me.
I am now in God's presence.
God is very near to me.*



The Prayer of Saint Francis

*Lord, make me an instrument of your peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.*

—Francis of Assisi, 1182–1226



Lord of the Loving Heart

*Lord of the loving heart, may mine be loving too,
Lord of the gentle hands, may mine be gentle too.
Lord of the willing feet, may mine be willing too,
So may I grow more like you
In all I say and do.*



Many Names for God

Holy Spirit

Jesus

Teacher

Lord

Creator

Shepherd

Eternal One

Awesome God

Ever-loving God

Faithful God

Gracious God

Merciful God

Mighty God

Great God, Our Hope

Redeemer

Ruler

Rock of All Creation

Source of Life

Maker of Peace

Healer

Holy One

Father God/Mother God

... and there are more.